The EDItorial
A Monthly Equity, Diversity, and Inclusion (EDI) Awareness Newsletter

Latinx Heritage Month

Although the US officially notes this month as National Hispanic Heritage Month, we choose to align with the Human Rights Campaign to use the term Latinx rather than Hispanic or Latino “to represent non-binary, gender non-conforming and gender expansive people. ‘Latinx’ also centers the lives of indigenous, Brazilian and non-Spanish Speaking people in this celebration.”

"Many Hispanic Americans can trace their roots back to the cultures of the Americas’ indigenous peoples, including the Aztecs (Mexico), Arawaks (Puerto Rico), Incas (South America), Maya (Central America) and Tainos (in Cuba and Puerto Rico). Some of their roots can be traced back to the Spanish explorers, who set out in the 1400s to find a cheaper and easier way to trade with the Indies. Other Latinos can trace their roots back to African slaves brought to the New World. Hispanic Americans are today identified by the countries from which they or their ancestors originated. This includes Mexico, Puerto Rico and Spain." – hispanicheritagemonth.org

The Numbers:

- 60,481,746—US population that identified as “Hispanic or Latino” in 2019.
- 6.2% - percentage of acceptees that identified as “Hispanic, Latino, or of Spanish origin” to US medical schools in 2018-2019.
- 5.8% - percentage of all active physicians that identified as “Hispanic” in 2018
- 3.2% - percentage of full-time US medical school faculty that identified as “Hispanic, Latino, or of Spanish origin” in 2018

https://www.hispanicheritagemonth.org/
https://www.hrc.org/news/latinx-heritage-month-more-than-one-word-more-than-one-heritage
https://www.census.gov/newsroom/facts-for-features/2020/hispanic-heritage-month.html

Engage

- What to Stream on Hulu
- Hispanic Heritage Month 2022: Books for Kids
- Themed Team Building can Drive Inclusivity during Hispanic & Latinx Heritage Month
- Latinx in Gaming Celebrates Hispanic Heritage Month!
- 7 Latinx-Owned Brands at Target to Shop During Hispanic Heritage Month
- 11 books to read during Hispanic Heritage Month
- Tres Cuentos Literary Podcast Listening times vary
- El Paso Study Focuses on Hispanic Mental Health Disparities

Support

- El Sirenito - Georgetown (Mexican)
- Casco Antiguo - Pioneer Square (Mexican)
- Senor Carbon - Pioneer Square (Peruvian)
- Salvadorian Bakery & Restaurant - White Center (Salvadorian)
- La Sala - Creating Opportunity for Latino/x/a Artists
- Somos Seattle - Organization for LGBTQ Latinx Folks
- El Centro de la Raza - Organization grounded in the Latino community in Washington
- Latino Community Fund - Organization helping build community in Washington State

Participate

- Mariner’s Hispanic Heritage Day (Sept 14, 1pm)
- SeaMar Fiestas Patrias (Sept. 18, 1pm)
- MEXAM NW Festival
- UW Latinx Association
- SeaMar Museum of Chicano/a/Latino/a Culture
- Seattle Latino Film Festival
- Latino Community Fund 15th Annual Gala (October 20, 6pm)