



Arab American Heritage Month

Countries of origin for Arab Americans include: Algeria, Bahrain, Comoros, Djibouti, Egypt, Iraq, Jordan, Kuwait, Lebanon, Libya, Mauritania, Morocco, Oman, Qatar, Palestine, Saudi Arabia, Sudan, Syria, Somalia, Tunisia, United Arab Emirates, and Yemen.¹

To date, 30 state governors have released proclamations on Arab American Heritage Month. **Washington State** is notably absent from the list.²

The Numbers:

3.7 million— Approximate population of Arab Americans in the US¹

63,464 — Approximate population of Arab Americans in WA state as of 2017¹

35 — Counties Arab Americans reside in WA state (out of 39)¹

13 — WA's state rank by Arab American population¹

8 — Number of Arab Americans currently appointed to US House of Representatives²

0 — Number of Arab Americans currently appointed to US Senate²

¹ Arab American Institute Data, 2019

² Arab America Proclamations, Resolutions, and Statements Issued in Commemoration of National Arab American Heritage Month—April 2022

³List of Arab and Middle Eastern Americans in the US Congress, Wikipedia

Engage:

- [About Double Standards](#) (5 min read)
- [Whispers](#) (8 episodes, ~30-45 min on Netflix)
- [Breaking Fast](#) (1 h 37 min view on Hulu)
- [Caramel!](#) (1 h 36 min view on Apple+)
- [TV Shows and Movies with Arab American Representation to Watch all Year Round](#)
- [TikTok Launches National Arab-American Heritage Month Campaign Celebrating #ArabTikTok Influencers](#) (4 min 20 sec read)
- [Arab American Heritage Month: Poems for Kids](#)
- [Celebrate Arab American Heritage Month](#)
- [Arab American Café Podcast](#) (listening times vary)
- [Arab Americans in King County and Washington State](#) (5 min read)

Support:

- [National Arab American Medical Association](#)
- [Arab American Institute](#)
- [National Arab American Women's Association](#)
- [Arab Community Center for Economic and Social Services \(ACCESS\)](#)
- [Aladdin Gyro](#)
- [Yalla](#)
- [The Halal Guys](#)
- [Damoori Kitchen](#)
- [Maroun Mediterranean Grill](#)

Participate:

- [Arab Film Fest Collab](#) (virtual event) April 7-17, \$40
- [The Happiest Song Plays Last](#) April 29-May 15 at Tacoma Little Theatre, \$27
- [Arabs in Seattle](#)
- [Seattle Arab Festival](#) August 13 & 14



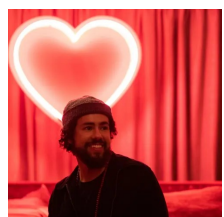
TikTok Launches National Arab-American Heritage Month Campaign Celebrating #ArabTikTok Influencers



Whispers on Netflix



The Halal Guys



TV Shows and Movies with Arab American Representation to Watch All Year Round