



Black History Month

“The theme for 2022 focuses on the importance of Black Health and Wellness. This theme acknowledges the legacy of not only Black scholars and medical practitioners in Western medicine, but also the other ways of knowing (e.g., birthworkers, doulas, midwives, naturopaths, herbalists, etc.) throughout the African Diaspora. The 2022 theme considers activities, rituals and initiatives that Black communities have done to be well.” - [ASALH 2022 Black History Theme Executive Summary](#)

The Numbers:

- 48.2 Million** — Black Population, either alone or in combination with one or more races, in the US in 2019¹
- 87.9%** — Percentage of African Americans with high school diploma or higher in 2019¹
- 30.7%** — Percentage of employed Black population age 16 and older working in management, business, science, and arts occupations in 2019
- 124,004** — Number of Black-owned employer businesses in US in 2017¹
- 2.1 Million** — Number of Black military veterans in the US in 2019¹
- 5%** — Percentage of active physicians in the US who identified as Black or African American in 2015²
- 8%** — Percentage of medical school applicants in the US who identified as Black or African American in 2015²

¹ US Census Bureau, 2021

² AAMC, 2016 Facts and Figures

Engage:

- [26 Black Americans You Don't Know but Should](#)
- [The 1619 Project](#) by Nikole Hannah-Jones
- [Vanishing Central District](#) (5 min view)
- [On the Brink](#) (58 min view)
- [High on the Hog: How African American Cuisine Transformed America](#) (4 episodes, ~50 min view)
- [Reconsidering Scott Joplin's 'The Entertainer'](#) (6 min read)
- [Insecure](#) (44 episodes, ~30 min view)
- [Black Athletes Sparse over History of Winter Olympics](#) (5 min read)
- [Bus Shelter Murals Celebrate Black Lives in the Central District](#) (6 min read)
- [Dear White People](#) (40 episodes, ~30 min view)
- [Colin in Black & White](#) (6 episodes, ~30 min view)
- [Passing](#) (1 hour 39 min view)
- [NPR's Special Series: Black History Month 2022](#)
- [This American Life Episode 759: A Couple Walks Into a House](#) (1 hour listen)
- [This American Life Episode 760: A City Walks Into an Investigation](#) (1 hour listen)
- [TED Talks: The origins of blackface and Black stereotypes](#) (7 min view)
- [Ted Talks: The Black history of twerking -- and how it taught me self-love](#) (14 min view)
- [Confident in herself and her curls: What my best friend's natural hair journey taught me about self-love](#) (4 min read)

Support:

- [Black Farmers Collective](#)
- [Urban League of Metropolitan Seattle](#)
- [Northwest African American Museum \(NAAM\)](#)
- [A Guide to Seattle's Black-Owned Restaurants](#)
- [Support Black-Owned Businesses and Communities: Resources and educational tools for supporting Seattle's Black Communities](#)

Participate:

- [Contact High: A Visual History of Hip-Hop—Exhibition at MoPOP](#)
- [The Past, Present, and Future of Black History](#) February 17th 5-6PM PST
- [NAAM's Interactive Story Time—2nd Sunday of each month at 1pm](#)
- [The Black and Tan Collection—Exhibition at MOHAL, starting February 19](#)
- [Black History Month Virtual Festival](#)
- [Visit Seattle's 2022 Guide to Celebrating Black History Month in Seattle](#)



The 1619 Project, by Nikole Hannah-Jones



High on the Hog: How African American Cuisine Transformed America



Reconsidering Scott Joplin's 'The Entertainer'



The Past, Present, and Future of Black History