



Latinx Heritage Month

Although the US officially notes this month as National Hispanic Heritage Month, we choose to align with the Human Rights Campaign to use the term Latinx rather than Hispanic or Latino "to represent non-binary, gender non-conforming and gender expansive people. 'Latinx' also centers the lives of indigenous, Brazilian and non-Spanish Speaking people in this celebration."¹

"The 2021 Hispanic Heritage Month observance theme is **Esperanza: A Celebration of Hispanic Heritage and Hope.** The theme invites us to celebrate Hispanic Heritage and to reflect on how great our tomorrow can be if we hold onto our resilience and hope. It encourages us to reflect on all of the contributions Hispanics have made in the past, and will continue to make in the future. It is also a reminder that we are stronger together."²

The Numbers:

60,481,746—US population that identified as "Hispanic or Latino" in 2019.³

6.2% - percentage of acceptees that identified as "Hispanic, Latino, or of Spanish origin" to US medical schools in 2018-2019.⁴

5.8% - percentage of all active physicians that identified as "Hispanic" in 2018⁴

3.2% - percentage of full-time US medical school faculty that identified as "Hispanic, Latino, or of Spanish origin" in 2018⁴

¹Martinez, L. (2021, August 10). *Hispanic Heritage Month theme 2021*. Hispanic Month. <https://www.hispanicmonth.net/hispanic-heritage-month/hispanic-heritage-month-theme-2021/>

²Chirinos, M. (2019, September 13). *Latinx Heritage Month: More than one word, more than one heritage*. Human Rights Campaign <https://www.hrc.org/news/latinx-heritage-month-more-than-one-word-more-than-one-heritage>

³US Census Bureau. (2020, August 11). *Hispanic Heritage Month 2020*. <https://www.census.gov/newsroom/facts-for-features/2020/hispanic-heritage-month.html>

⁴AAMC. (2019). *Diversity in medicine: Facts and figures 2019*. <https://www.aamc.org/data-reports/workforce/report/diversity-medicine-facts-and-figures-2019>

Engage:

- [Key Facts for National Hispanic Heritage Month](#) (8 min read)
- [Hispanic Heritage Month Showcases Pride, Culture and Increased Visibility of Latinxs](#) (6 min read)
- [Latino, Hispanic, Latinx, Chicano: The History behind the Terms](#) (7 min read)
- [8 Afro Latinos Who Made Important Contributions to US History](#) (7 min read)
- [KEXP Celebrates Latinx Heritage Month](#) (1 min read)
- [I'm Leaving Now](#) (1h 15min view)
- [Vivo](#) (1h 39min view)
- [Curiosity & Clay](#) (4 min read)
- [Latinx Visions Podcast](#) (listening times vary)

Support:

- [Celebrate Latinx Heritage Month: 42 Seattle Latinx-owned Restaurants to Help You Get Started](#)
- [Guanaco Pupuseria](#) - U District (El Salvador)
- [La Isla](#) - Redmond (Puerto Rico)
- [Arepas Venezuelan Kitchen](#) - U District (Venezuela)
- [Carnitas Michoacan](#) - Beacon Hill (Mexico)
- [Casa Latina](#): Advancing the well-being and power of Latino Immigrants
- [Sea Mar Museum](#): Celebrating the history of Chicano/as & Latino/as in Washington
- [El Centro de la Raza](#): The Center for People of All Races
- [Entre Hermanos](#): Promoting the well-being of the Latinx LGBTQ community
- [Savor Seattle Launches Hispanic Heritage Box Benefiting Casa Latina](#)

Participate:

- [B-Town Fiesta](#) (September 25 from 10 AM - 10 PM)
- [El Centro de la Raza 2021 Building the Beloved Community Gala](#) (October 2, 7 PM)
- [King County Latinx Affinity Group](#)
- [NPR Podcast: Isabel Allende on Alt.Latino](#) (September 19 from 1 PM - 2PM EDT)

Resident Diversity Committee News and Events

Welcome // Check In RDC BBQ w/Supporting Faculty (Wednesday, September 15, 6 - 8 PM, Volunteer Park) : An annual event to celebrate community within UW IM and meet URM faculty members essential to RDC's mission. Link to RSVP <https://forms.gle/vHZgVcSZYrYZ9a19>.

RDC Real Talk Session (Tuesday, September 29 at 6 PM, In person) : Real Talk is a safe space to debrief, celebrate, grieve, or just share your thoughts in a judgment-free zone and foster community. Food Provided. Signup: Keep your eyes peeled for RDC Real Talk in the subject line.

For more information regarding Resident Diversity Committee events please email imdiverse@uw.edu.



B-Town Fiesta will return to Burien Town Square on Saturday, September 25

Curiosity and Clay

Savor Seattle Launches Hispanic Heritage Box Benefiting Casa Latina

KEXP Celebrates Latinx Heritage Month