



## Asian American & Pacific Islander Heritage Month

In 1978, a joint congressional resolution established Asian/Pacific American Heritage Week. The first 10 days of May were chosen to coincide with two important milestones in Asian/Pacific American history: the arrival in the US of the first Japanese immigrants (May 7, 1843) and contributions of Chinese workers to the building of the transcontinental railroad, completed May 10, 1869. In 1992, Congress expanded the observance to a monthlong celebration that is now known as Asian American and Pacific Islander Heritage Month. Per a 1997 US Office of Management and Budget directive, the Asian or Pacific Islander racial category was separated into two categories: Asian and Native Hawaiian & Other Pacific Islander.<sup>1</sup>

### The Numbers:

- 22.9 million**—Approximate Asian decent population in US in 2019
- 1.6 million**—Approximate Native Hawaiian and Other Pacific Islander descent population in US in 2019<sup>1</sup>
- 607,010**—Approximate # of Native Hawaiian residents in US in 2019<sup>1</sup>
- 577,835**—Estimated # of Asian-owned employer firms in the US in 2018<sup>1</sup>
- 17,083,436**—Estimated #of US Veterans of Asian descent in 2019
- 979,413**—Estimated # of US Veterans of Native Hawaiian & Other Pacific Islander descent in 2019
- 941**— # of active physicians in US of Native Hawaiian & Other Pacific Islander descent in 2018(0.1%)
- 23**— # of matriculated US medical students of Native Hawaiian & Other Pacific Islander descent in 2018

<sup>1</sup> US Census Data, 2019

<sup>2</sup> AAMC Diversity in Medicine Facts & Figures 2019

### Engage:

- [Where We Once Belonged](#) by *Sia Figiel*
- [This is Paradise](#) by *Kristiana Kahakauwila*
- [Fresh Off the Boat: A Memoir](#) by *Eddie Huang*
- [Minari](#) (1hr, 55 min view)
- [The Paper Tigers](#) (1hr, 48 min view)
- [The Mindy Project](#) (6 seasons)
- [Campu Podcast](#) (listening times vary, ~ 40 min/episode)
- [Seattle Asian Community Answers Hate with Love and Support](#) (9 min read)
- [Seattle-based kung fu movie 'The Paper Tigers' debuts this week after a long, winding 10-year production journey](#) (5.5 min read)
- [Three generations of Seto family are spreading the love of wontons in Seattle](#) (3 min read)
- [15 Books by Pacific Islanders That Tell Incredible Stories About Their Culture](#) (5 min read)
- [How Native Hawaiians And Pacific Islanders Are Fighting To Be Seen During The Pandemic](#) (8 min read)
- [COVID-19 exposes how Native Hawaiians and Pacific Islanders face stark health care disparities](#) (7 min read)
- [Here's How Music Companies Are Honoring Asian American and Pacific Islander Heritage Month](#) (9 min read)
- [MARVEL Games Celebrates Asian Pacific American Heritage Month](#) (5 min read)
- [NASA Celebrates Asian American, Pacific Islander Heritage Month](#) (2 min read)
- [Facebook Adds New Safety Features, Donates \\$5 Million for Asian Pacific American Heritage Month](#) (2 min read)

### Support:

- [Seattle Asian Art Museum](#)
- [Pacific Islander Community Association of Washington](#)
- [Wing Luke Museum](#)
- [Karachi Cowboys](#) (Pakistani Soul Fusion Pop Up)
- [Annapurna Café](#) (Nepalese, Indian, and Tibetan)
- [Kau Kau BBQ](#) (Chinese BBQ)
- [Despi Delite Bakery](#) (Filipino Bakery)
- [Uwajimaya Supermarkets](#)
- [Poke to the Max](#) (Hawai'ian Fusion)

### Participate:

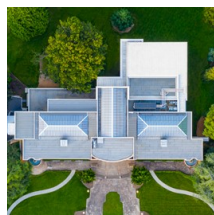
- [Southeast Asia Got Something to Say](#) (May 19 from 6:30 - 8 PM)



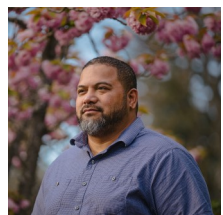
Here's How Music Companies Are Honoring Asian American and Pacific Islander Heritage Month



Karachi Cowboys - Seattle Pakistani Soul Fusion Pop Up



Seattle Asian Art Museum



How Native Hawaiians And Pacific Islanders Are Fighting To Be Seen During The Pandemic