



Latinx Heritage Month

In 1968 President Lyndon B. Johnson proclaimed the week beginning September 15, 1968 to be National Hispanic Heritage Week. Presidential Proclamation 6021 in 1989 extended the heritage week into a month, from September 15-October 15.

“Hispanic Heritage Month (HHM) takes place each year to recognize the accomplishments of, challenges facing, and rich diversity among the Hispanic diaspora in the United States (US). Notably, HHM represents an ideal forum for medical trainees, physicians, and other members of our healthcare system to understand the experiences of Hispanic patients and physicians, who together comprise 18% of the general US population and represent the country’s largest non-white ethno-racial group.

Despite their representation in the general population, in 2018, Hispanics represented approximately 6.5% of medical students, 6.3% of physicians, and 4.0% of faculty. As healthcare providers and recipients, Hispanics face significant and unique health issues and disparities. However, these issues often remain undiscussed in traditional medical school curricula. Thus, the academic community must collaborate to design, implement, and evaluate practices to facilitate the reduction of Hispanic disparities in academic, professional, and patient outcomes.”

-U.S. Census Bureau 8.11.20

Important Dates:

- September 7: Sete de Setembro (Brazil)
- September 10: St Georges Caye Day (Belize)
- September 15: Independencia de Centroamérica (Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua)
- September 16: Día de la Independencia (Mexico)
- September 18: Fiestas Patrias (Chile)
- September 21: Día de la Independencia (Belize)
- September 23: Grito de Lares (Puerto Rico)
- October 12: Día de la Raza (Argentina, Chile, Costa Rica, Ecuador, Honduras, Mexico, Uruguay and Venezuela); Día de los pueblos originarios y el diálogo intercultural (Peru); Día de las Américas (Belize)

Engage:

- [Latinx Terminology](#) (12 min read)
- [Does Hispanic Heritage Month Need a Rebrand?](#) (5 min read)
- [How do Latinos Really Feel about Hispanic Heritage Month](#) (26 min read)
- [Hispanic Heritage Month is Problematic](#) (4 min read)
- [Black Latinx Activists on Anti-Blackness](#) (8 min read)
- Open Veins of Latin America: 5 Centuries of the pillage of a Continent by *Eduardo Galeano* (Uruguay)
- Pancho Rabbit and the Coyote: A Migrant’s Tale by *Duncan Tonatiuh* (Mexico)
- Bird of Paradise: How I became Latina by *Raquel Cepeda* (Dominican Republic)
- Somos Como Las Nubes/We are Like the Clouds by *Jorge Argueta* (El Salvador)
- My Beloved World by *Sonia Sotomayor* (Puerto Rico)
- Raul Julia: The World’s a Stage (1hr 23 min view) (Puerto Rico)

Support:

- [Guanaco Pupuseria](#) - U District (El Salvador)
- [Kitanda](#) - U District, Tukwila, Green Lake, Redmond, Kirkland (Brazil)
- [La Isla](#) - Redmond (Puerto Rico)
- Arepas Venezuelan Kitchen - U District (Venezuela)
- Carnitas Michoacan - Beacon Hill (Mexico)
- [Casa Latina](#): Advancing the well-being and power of Latino Immigrants
- [Sea Mar Museum](#): Celebrating the history of Chicano/as & Latino/as in Washington
- [El Centro de la Raza](#): The Center for People of All Races
- [Entre Hermanos](#): Promoting the well-being of the Latinx LGBTQ community

Participate:

- [Sea Mar Fiestas Patrias \(Virtual\), Sept 14-18, 2020](#)
- [Seattle Latino Film Festival Oct 9-17, 2020](#)



Does Hispanic Heritage Month Need a Re-brand?



Pancho Rabbit and the Coyote: A Migrant's Tale



Guanaco's Tacos Pupuseria



Sea Mar Fiestas